



SIGHT AND LIFE **ANNUAL REPORT** **2025**

**Delivering science-based solutions to
close the nutrition gap**

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About Us

Delivering science-based solutions to close the nutrition gap

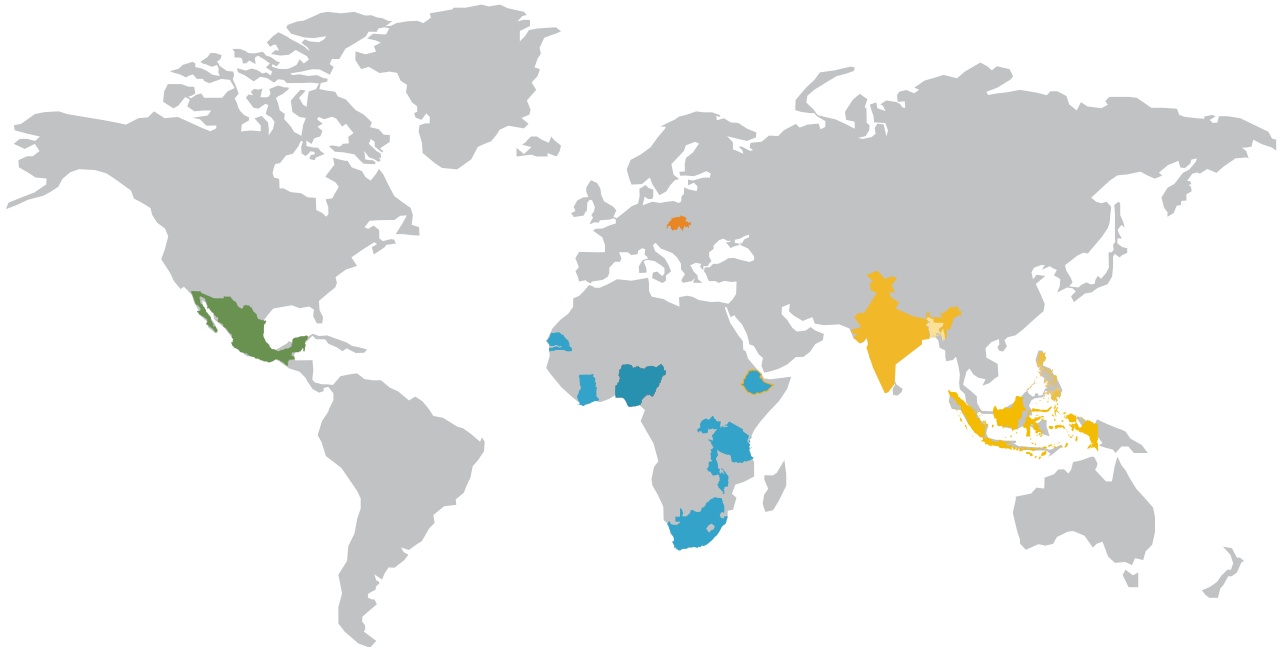
Sight and Life is an independent foundation that develops and implements evidence-based solutions to address malnutrition in low- and middle-income countries. Our work focuses on improving nutrition, health, and living conditions for vulnerable populations, particularly children, adolescents, and women of reproductive age.

We combine scientific research with practical implementation, using cross-sectoral approaches to design interventions that can be tested, adapted, and scaled. Working with governments, private sector partners, and local entrepreneurs, we translate evidence into action, strengthening food systems, improving access to nutritious diets, and supporting sustainable solutions to malnutrition.

Building on decades of expertise in micronutrient science, Sight and Life has evolved from a knowledge-focused organisation into one that delivers impact directly on the ground. Today, our programmes are designed not only to generate evidence, but to achieve measurable outcomes and contribute to long-term improvements in nutrition and health.



Our Reach



An illustrative map depicting the countries of our operations

● **North America**
Mexico

● **Africa**
Nigeria
Rwanda
Tanzania
Ghana
Malawi
Ethiopia
Senegal
South Africa

● **Europe**
Switzerland

● **Asia**
Bangladesh
Indonesia
India
Phillipines



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to learn more about the work that we do



Message from the Board Chair



The global development landscape is facing one of its most challenging periods in recent history. Across low-and middle-income countries, the

scale and complexity of nutrition challenges continue to grow, driven by climate pressures, economic instability, persistent inequities, and increasingly constrained funding environments due to aid cuts. The needs today are not only greater than in the past, but also more urgent and interconnected.

Sight and Life has remained deeply committed to addressing these evolving challenges with focus and determination. I am particularly proud of the tangible impact we are creating on the ground, especially through our continued efforts to localise our work across Africa. By strengthening local systems, partnerships, and delivery models, we are ensuring that our interventions are effective, sustainable and owned by the communities we serve.

Our growing presence and expansion across the African continent reflect both the relevance of our approach and the trust we have built with partners. This is further reinforced by the continued growth of our donor base and portfolio of work. These are not just indicators of scale, but clear signals of confidence in our team's ability to deliver meaningful, high-quality impact where it matters most.

This progress is a testament to the strength, dedication, and capability of the Sight and Life team. In an increasingly complex operating environment, their ability to adapt, collaborate, and execute with excellence remains one of our greatest assets.

As we look ahead, we do so with a clear sense of purpose. Sight and Life will continue to build on this momentum, working alongside our partners to serve communities, strengthen systems, and contribute to lasting solutions in global nutrition.

CHRISTOPH GOPPELSROEDER

Chair of the Board

Message from the Managing Director



The scale and urgency of today's nutrition challenges demand a different kind of response. One that goes beyond insight to deliver solutions

that are practical, scalable, and rooted in local realities. As pressures on food systems intensify and resources become more constrained, progress will depend on our ability to translate evidence into action and strengthen the systems that deliver impact. With just four years left to reach the World Health Assembly Nutrition Targets, the focus must be on accelerating progress by scaling proven solutions, strengthening country systems, and ensuring that everyone can access the nutrition they need for health and wellbeing.

Over the past year, Sight and Life has continued its evolution from a think tank into a do tank, translating science and insight into scalable, on-the-ground solutions that respond to this changing reality.

This shift is most visible in the expansion of our footprint across Africa, where we are increasingly localising our work and strengthening delivery through regional partnerships and systems. Today, our programmes span multiple countries and sectors, reflecting both the scale of need and the urgency of action.

Our Egg Hub initiative, for example, continues to demonstrate how market-based approaches

can improve access to affordable, nutrient-rich foods while also transforming livelihoods of small-holder farmers. Across Malawi and Ethiopia alone, the model has already produced over 15 million eggs, with expansion underway in countries including Rwanda and Senegal. Similarly, our work on Multiple Micronutrient Supplementation (MMS) now spans 10 countries, supporting governments to transition from iron and folic acid to more comprehensive antenatal nutrition solutions. In Indonesia, our efforts are contributing to the training of 100,000 healthcare practitioners, ensuring that this upgraded standard of care reaches women at scale.

We are also advancing innovative work in under-addressed areas. In Tanzania, through our contribution to the Native Species Aquaculture initiative, we are supporting efforts to strengthen fish value chains and improve access to nutrient-rich foods. At the same time, we are deepening our focus on adolescent health and nutrition, one of the most persistently overlooked areas in global health. Through the SPIRIT trial in Malawi, which enrolled 300 adolescent girls, we are generating new evidence on the role of menstrual health in addressing iron deficiency and anaemia.

Our work is also delivering measurable impact at the system level. In Rwanda, through our aflatoxin management efforts, we have introduced affordable, field-based diagnostic and moisture testing tools that have reduced the cost of detection from approximately \$180 per test to as low as \$12, while improving speed, accessibility, and reliability.

Alongside our programmatic work, Sight and Life continues to play a leading role in shaping global nutrition discourse. Over the past year, we have contributed to major publications across leading journals, reinforcing our commitment to evidence generation and thought leadership. In addition, we published a special report on fermentation, highlighting its potential as a science-based solution to improve nutrition, food safety, and sustainability within modern food systems.

From expanding access to MMS, to improving food safety through affordable testing technologies, to strengthening food systems through market-based models, our work demonstrates what is possible when science is applied with intent. These are solutions that are not only effective, but scalable and designed to improve nutrition outcomes for women, adolescents, and children at population level.

At the heart of all of this is a team that is deeply committed to delivery, innovation, and impact. The continued expansion of our partnerships and donor base reflects the trust placed in our ability to deliver results where they matter most. The path ahead will require sustained focus and deliberate action. By strengthening partnerships, scaling what works, and staying grounded in evidence, we can continue to expand access to the nutrition that women, adolescents, and children need to lead healthier lives.

As we look ahead, we remain focused on scaling our programs, strengthening systems, and continuing to bridge the gap between knowledge and action in global nutrition. I am grateful to our donors, our partners, our Board, and above all, to our teams on the ground who turn strategy into reality every single day.

SUFIA ASKARI
Managing Director

2025 at a Glance



40,000+
smallholder farmers
directly reached through
the NICE Project



16,000+
healthcare professionals
trained to support the
delivery and scale-up of
MMS & Calcium



2.5 million
people reached by the
NEEZA radio campaign



7 million+
MMS tablets purchased by
regional departments of
health in Philippines



~\$180 to \$12
Cost of aflatoxin testing
reduction per test



30%
reduction in MMS tablet
cost achieved in Philippines



25,000+
farmers supported through
integrated interventions



100 million
FullCare MMS tablets sold
in Bangladesh



6,500
tons of maize protected
from aflatoxin
contamination



15 million+
eggs produced across
Ethiopia and Malawi



80%
Reduction in phytic acid
(trial results)



~90%
of pregnant women reached
with MMS across all pilot
districts in Rwanda

*Increasing mineral
bioavailability by 2–5× and
improving protein digestibility
by up to 50%*



Stories from the Ground

From Radio Voices to Healthier Kitchens in Rubavu

My name is Emeritha, a mother of three from Rubavu District. Like many mothers in my village, I always tried my best to feed my children well, but I did not always know how small changes in the kitchen could make a big difference in their nutrition.

Last year, I began listening to the nutrition radio campaign “NEEZA”, organised by the NICE project. What made it special was hearing mothers like me in the episodes, sharing practical tips for everyday cooking in their own words. Their stories reflected our lives, and their advice felt possible to try at home.

It also helped to hear from our health centre nutritionist, Ms Cannelle, who shared key nutrition messages throughout the episodes and answered questions from listeners. Her explanations helped us understand why these small changes in our meals matter so much for our children’s health.

One episode taught us how to enrich children’s porridge. Before, I would prepare porridge with flour and water. After listening, I started adding an egg for my youngest child. Another episode introduced “special posho”, grated carrots mixed into maize flour, creating a bright orange porridge richer in nutrients. My children were curious about the colour at first, but now they enjoy it very much.

The campaign did more than change how I cook. It brought mothers in our village together. Inspired by what we were learning, we began meeting to share ideas and even organised a small village cooking demonstration to try the recipes together.

Today, what began as voices on the radio has become new habits in our kitchens, and hope for healthier children in our community.



Emeritha NYIRABAGENZI - Champion mother, Rubavu

Program Highlights

Expanding Impact Across Africa

Sight and Life continues to expand its footprint across Africa, deepening its work at the intersection of nutrition, livelihoods, and food systems. Across the continent, our programmes are increasingly focused on delivering locally anchored, system-level solutions that respond to the growing and evolving needs of communities most affected by malnutrition.



The need has never been greater. Across the region, we are working closely with smallholder farmers, communities, and local systems to address the disproportionate burden of malnutrition, ensuring that solutions are effective, inclusive, sustainable, and locally owned.

Elvis Gakuba, Director, Africa



This approach is reflected in our expanding portfolio of work across Rwanda, Ethiopia, Malawi, Tanzania, South Africa, and Nigeria, where we are strengthening food systems, supporting livelihoods, and improving access to nutritious diets for vulnerable populations.

As Rwanda works towards its National Strategy for Transformation (NST2) target of reducing stunting from 33% to 15% by 2029, the relevance and urgency of this work continue to grow.



Strengthening Urban Food Systems and Nutrition through NICE



Over the past four years, Sight and Life has been a core partner in the Nutrition in City Ecosystems (NICE) initiative, working alongside partners including Swiss TPH, ETH Zurich, the Sustainable Agriculture Foundation, the Enterprise for Society Centre, and with support from the Swiss Agency for Development and Cooperation, to strengthen urban food systems and improve nutrition outcomes.

The results from Phase 1 demonstrate the power of this integrated approach. The programme directly reached over 40,000 smallholder farmers and more than one million people across Rwanda, Bangladesh, and Kenya. These outcomes reflect a model that combines agroecological practices, nutrition-sensitive value chains, and community-driven behaviour change to deliver measurable impact.

Building on this foundation, NICE Phase 2 is now underway, deepening engagement in Rwanda while expanding the model to new geographies. In Rubavu and Rusizi, implementation has scaled through community workshops, school-based nutrition programmes,

and the training of health workers in behaviour change approaches such as motivational interviewing.

Innovative communication strategies have also extended the reach of nutrition education. The NEEZA radio campaign, for example, has reached an estimated 2.5 million people, combining locally co-created content with strong community participation to translate nutrition knowledge into everyday practice.

Looking ahead, the programme continues to build on its strong evidence base, with initial scoping completed in Senegal to explore the next phase of expansion. As NICE evolves, it remains focused on delivering practical, scalable solutions that strengthen food systems, improve diets, and support healthier communities.

Innovating at the Intersection of Climate and Nutrition

As climate pressures continue to reshape food systems, Sight and Life is increasingly working at the intersection of climate change, nutrition, and livelihoods, developing solutions that improve diets, strengthen environmental sustainability and enable economic resilience.

One such example is our work on circular economy in Rwanda through the Decarbonising Coffee Produced Residues through Biochar stimulated Composting (DECARB-CO) initiative, implemented in partnership with Origin for Sustainability and FiBL, and supported by REPIC. What began as a small composting pilot in Rusizi, Rwanda, has rapidly evolved into an operational model that demonstrates how agricultural waste can be transformed into both environmental and economic value.

A pilot composting facility established at Nyakarenzo Coffee Washing Station, built in just three days using local labour, now processes approximately 63 tons of coffee pulp annually, producing 31–32 tons of high-quality compost. This model is not only environmentally sound, but also commercially viable. By converting coffee pulp into high-quality compost, the initiative reduces emissions, improves soil health, and creates new income opportunities for farmers.

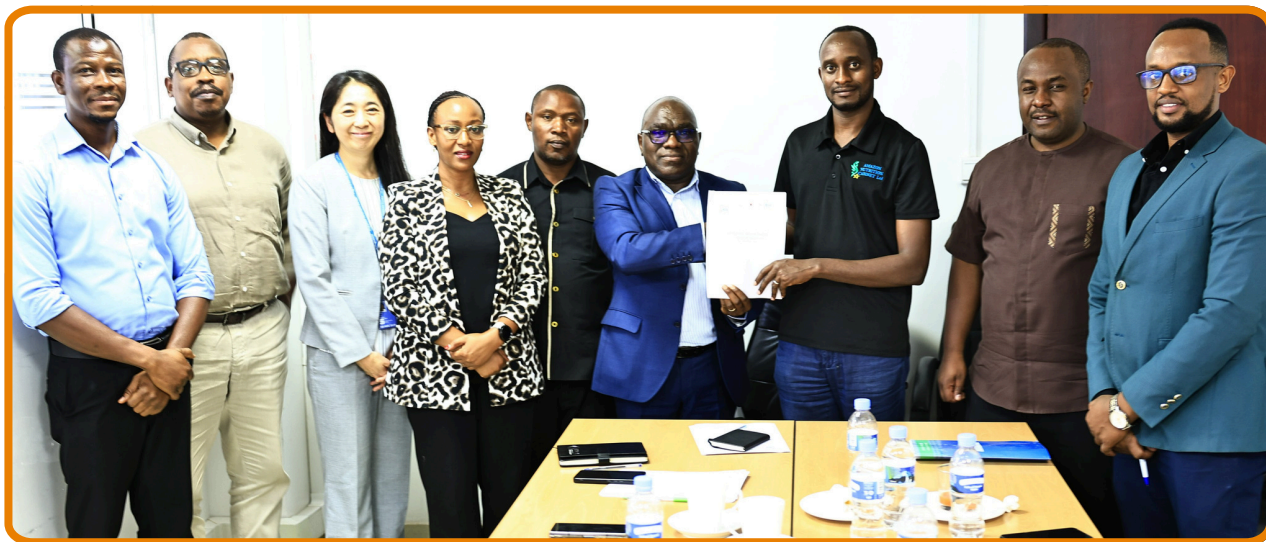
Through partnerships with private sector actors such as Rwacof-Sucafina, one of Rwanda most prominent coffee trading companies, the project is now moving beyond proof of concept towards a scalable, business-oriented approach.



Beyond the technical innovation, the initiative is also driving meaningful engagement at the community level. Farmers and stakeholders have been directly trained, with early adoption particularly strong among women, youth, and resource-constrained farmers, highlighting the potential for inclusive, locally driven uptake. The establishment of Rwanda's first field-based compost quality system has strengthened local capacity, ensuring that standards can be maintained as the model scales.

As the project continues to evolve, ongoing work is exploring pathways for commercial expansion, including carbon financing mechanisms and market positioning for sustainably produced coffee. Together, these efforts point to a broader opportunity to design food system solutions that simultaneously address climate change, improve nutrition, and create sustainable livelihoods at scale.

Mobilising the Private Sector to Strengthen Nutrition Outcomes in Rwanda



In Rwanda, strengthening food systems and improving nutrition outcomes will require greater engagement from the private sector. Through its role as co-convenor of the SUN Business Network (SBN), alongside World Food Programme (WFP) and under the leadership of the National Child Development Agency (NCDA), Sight and Life is supporting efforts to bring businesses across the food value chain into closer alignment with national nutrition priorities.

As Rwanda works towards its national target of reducing stunting to 15% by 2029, the role of businesses across the food value chain is increasingly essential. In 2025, the network reached an important milestone, transitioning from an interim structure to a fully elected executive committee and developing a two-year strategy to guide its work through 2027. This marks a shift towards a more coordinated and action-oriented platform, better positioned to mobilise businesses and drive collective impact.

To date, 102 nutrition-focused businesses have been mapped and profiled across Rwanda, with 32 formally registered as SBN members and further engagement ongoing. Capacity-building

efforts have brought together businesses, government institutions, and development partners, strengthening alignment and creating a shared understanding of the role the private sector can play in improving nutrition outcomes.

Additionally, the scale of opportunity is becoming increasingly clear. Rwanda's school feeding demand alone is estimated to be 12 times larger than current production levels, highlighting a significant gap that SBN members are well positioned to help address. By connecting businesses to this demand and supporting them to meet quality and supply requirements, the network is helping to unlock both commercial opportunities and nutrition impact.

As the network continues to grow, its focus remains on strengthening collaboration, supporting businesses to scale, and ensuring that private sector engagement contributes meaningfully to Rwanda's national nutrition targets.

Driving Down the Cost of Aflatoxin Testing Through Innovation

In Rwanda, maize is more than a staple crop, it is a primary source of income and livelihood for thousands of farmers. Yet, over the past five years, aflatoxin contamination rates of up to 66% have significantly constrained production, limiting market access and reducing farmer income by an estimated 11.9%. Beyond economic losses, aflatoxins pose a serious public health risk, with long-term exposure linked to severe health outcomes.

One of the most persistent barriers to addressing aflatoxin contamination has been the cost and accessibility of testing. Traditionally, testing has been expensive, slow, and often conducted off-site, limiting the ability of farmers, cooperatives, and processors to detect contamination early and act decisively.

Through the Product Innovations in Nutrition (PIN) Aflatoxin Project, Sight and Life has piloted technology-driven solutions that are transforming this landscape. By introducing affordable, field-based diagnostic and moisture testing tools, the project has demonstrated that it is possible to significantly reduce the cost of aflatoxin detection from approximately \$180 per test to as low as \$12 while improving speed, accessibility, and reliability.



This has reduced reliance on external laboratories, shortened turnaround times for testing, and enabled faster, more informed decision-making across the maize value chain.

Alongside this innovation, our work continues to support farmers, cooperatives, and regulatory bodies, including the Rwanda FDA and RICA, to strengthen end-to-end aflatoxin management. To date, over 25,000 farmers have been supported through integrated interventions, contributing to the protection of approximately 6,500 tons of maize from aflatoxin contamination. The project has also strengthened capacity across 2 agro-processors and 10 farmer cooperatives, equipping them with both the tools and knowledge needed to manage aflatoxin risks effectively.

Farmers are now trained in improved post-harvest practices, including proper drying techniques such as corn hanging and moisture control, ensuring that maize is stored at safe moisture levels of approximately 13.5%, significantly reducing contamination risks.

From Rejection to Market Success: Faustin's Story

For farmers like Faustin Ntwawuruhunga in Nyagatare District, the transformation has been profound.

Before the PIN Aflatoxin Project, maize farming was marked by uncertainty and loss. Farmers lacked the knowledge to manage moisture levels and prevent contamination, often storing maize under suboptimal conditions. As a result, produce was frequently rejected in formal markets, sold at heavily discounted prices, or in some cases destroyed entirely. Many farmers were on the verge of abandoning maize farming altogether.

Through the project, Faustin and his cooperative gained access to moisture analysers, testing tools, and practical training on improved farming and post-harvest handling. Today, no maize is stored without first reaching safe dryness levels, and contamination risks are actively managed.

The impact on livelihoods has been significant. Where previously only around 40% of produce reached and was accepted in target markets, this has now increased to nearly 90%, with farmers consistently meeting quality standards. As a result, incomes have improved substantially, and market access has stabilised.

For Faustin's cooperative, this shift has translated into tangible economic gains. Members are not only earning more consistent income, but are also investing in their futures, acquiring assets such as motorbikes and vehicles, with some farmers attributing these improvements directly to the increased value of their maize production.



Before, our maize would often be rejected, sold at very low prices, or even destroyed. Some farmers were ready to give up. Now, we ensure proper drying and quality, our produce is accepted in the market and we are earning much more than before.

Faustin Ntwawuruhunga – Maize farmer, Nyagatare District

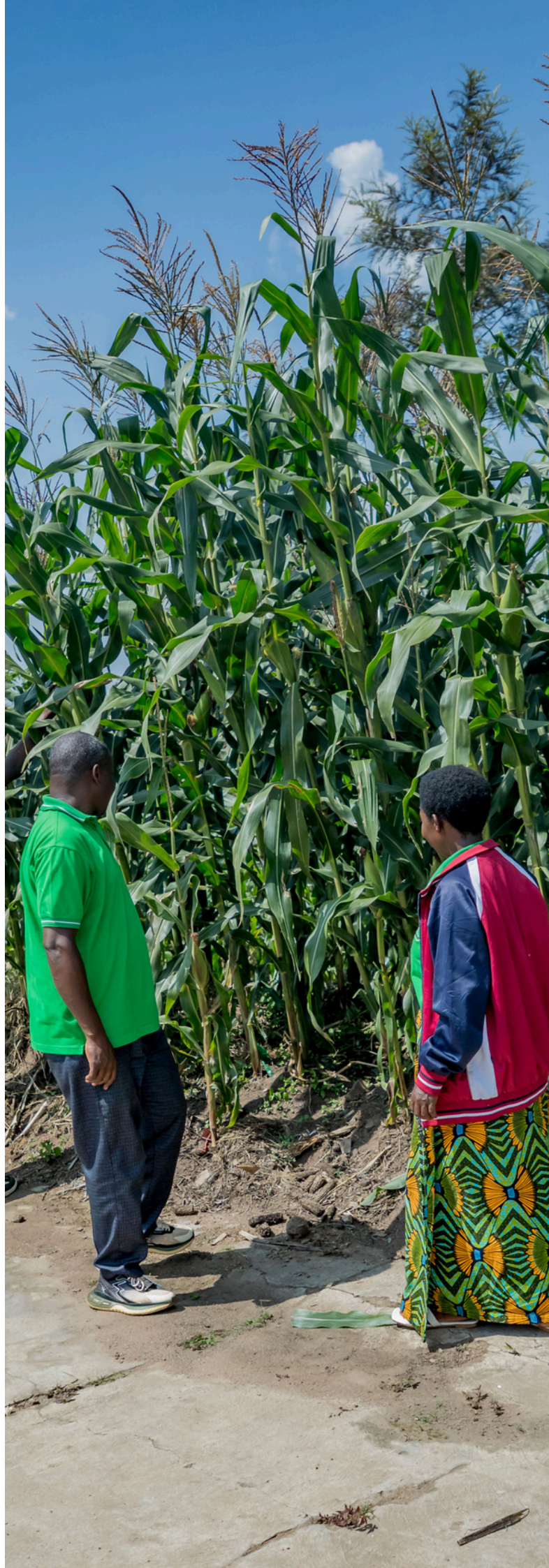


Strengthening the System for Safer Food



Beyond individual farmers, the project is strengthening the entire maize value chain. Agro-processors, such as the Gatsibo Agro-Processing Plant, now integrate aflatoxin detection and quality control into their operations, ensuring that only safe, high-quality maize enters the food system. This has reinforced trust in locally produced maize products and improved food safety outcomes for consumers.

By combining technology, training, and system-wide engagement, Sight and Life is helping to shift aflatoxin management from a reactive, costly process to a proactive, accessible, and scalable solution. The result is a safer food system, stronger farmer livelihoods, and a model that can be adapted and scaled across similar contexts.



Unlocking Nutrition in Everyday Foods with Phytase



As global food systems shift towards more plant-based diets—driven in part by climate and sustainability goals—the nutritional implications of this transition are becoming increasingly important. In many low-income countries, cereals, roots, and tubers provide up to two-thirds of total dietary energy, making plant-based staples central to daily nutrition.

Additionally, climate change is placing additional pressure on the nutrient density of crops. Rising atmospheric CO₂ levels have been shown to reduce concentrations of key micronutrients such as iron and zinc in staple crops by up to 5–16%, further compounding existing dietary deficiencies. For populations already reliant on monotonous, plant-based diets, this creates a growing risk of inadequate nutrient intake.

While significant global attention has been given to improving nutrient supply—through fortification and supplementation—less focus has been placed on improving how much of those nutrients are actually absorbed by the body. Many staple foods contain phytic acid, an anti-nutrient that binds amino acids and

essential minerals such as iron, zinc, and calcium, limiting their bioavailability. As a result, even when diets appear nutritionally sufficient, a substantial proportion of their value is effectively lost during digestion.

Sight and Life’s work on phytase addresses this critical and under-recognised gap by improving the nutritional efficiency of foods already being consumed at scale.

Phytase is an enzyme that breaks down phytic acid during food processing, releasing bound amino acids and minerals, significantly increasing their bioavailability. Positioned as a complement to large-scale food fortification, phytase has the potential to amplify the impact of existing nutrition interventions.

In India, where national efforts to promote millet consumption are underway, Sight and Life has partnered with private sector actors to integrate phytase into millet-based foods, including products used in school feeding programmes. Results from phytase trials in millet biscuits demonstrated a reduction in phytic acid content of approximately 80% compared to control biscuits, while significantly increasing the bioavailability of key minerals such as iron, zinc, calcium, and magnesium by 2–5 fold, alongside improvements in protein digestibility of up to 50%, all without altering taste, texture, or consumer acceptability.

In Nigeria, the work has progressed from laboratory validation to real-world application, including product development, consumer testing, and regulatory engagement. Trials on staple foods, including whole wheat bread, have been completed. Two of the four target products have now undergone phytase dosage optimisation and are ready for testing in market and institutional channels. Consumer validation has also been a critical component of this work. Findings from 9 focus group discussions indicate strong acceptance and appetite for phytase-enriched staple foods such

as bread and pap, reinforcing the feasibility of large-scale adoption.

Importantly, economic analysis shows that phytase addition covers less than 1% product retail price, indicating potentially high acceptability by food companies.

Beyond affordability, the economic case for phytase is compelling, with a preliminary cost-benefit ratio of approximately \$14–\$26, compared to \$7–\$14 for conventional fortification approaches, reflecting the significant gains in nutrient absorption achieved through this intervention.

The work has also catalysed broader system engagement. In Nigeria, regulatory pathways have been clarified, with phytase recognised as a safe processing aid and an ingredient by the World Health Organisation (WHO) and Food and Agriculture Organisation (FAO). It is also listed in Codex Alimentarius for use in foods.

Additionally, knowledge transfer efforts have strengthened local capacity, including the training of laboratory analysts on antinutrient testing methodologies, ensuring that the technical foundation exists to support scale. Partnerships with initiatives such as the School Meals Coalition are also exploring integration into institutional feeding programmes, while collaboration in India continues to advance the application of phytase in large-scale food systems, reaching millions.

By addressing nutrient loss at the point of absorption, Sight and Life is helping to redefine how we think about nutrition interventions by not only increasing the quantity of nutrients in food, but ensuring that the body can actually use them. This represents a critical step towards more effective, scalable, and sustainable approaches to improving nutrition outcomes globally.



Addressing the Link Between Menstruation and Anaemia with the SPIRIT Trial

Adolescent girls remain one of the most overlooked groups in global nutrition. Falling between child health and maternal health priorities, they are often excluded from targeted interventions, despite carrying a disproportionate burden of anaemia. Today, only about 2-3% of global health funding is directed towards adolescent health, leaving critical drivers of poor outcomes insufficiently understood and addressed.

One such driver is menstrual blood loss, an often invisible but significant contributor to iron deficiency and anaemia in girls aged 10-19. While most interventions have focused on improving iron intake, far less attention has been given to iron loss. The SPIRIT trial, implemented by Sight and Life in partnership with the Training & Research Unit of Excellence, ETH Zurich, and Wageningen University & Research, is addressing this gap directly, by exploring whether reducing menstrual blood loss can complement traditional approaches to anaemia reduction.

In 2025, the SPIRIT trial in Malawi reached a major milestone, completing both recruitment and data collection within the year. The study enrolled 300 adolescent girls aged 15–20 years from boarding schools in Zomba and is designed as a double-blind 2×2 factorial randomised controlled trial. It investigates the combined and independent effects of ibuprofen taken during menstruation and daily multiple micronutrient supplementation, including iron, against matched placebos.



Following the launch of recruitment in January 2025, data collection was successfully completed by October 2025, with biospecimens shipped in November 2025 for laboratory analysis. The trial is now entering its next phase, where results will provide critical insights into whether reducing menstrual blood loss can meaningfully improve iron stores and reduce anaemia prevalence among adolescent girls.

Beyond the trial itself, this work is contributing to a broader shift in how anaemia is understood and addressed globally. Sight and Life continues to play a leading role in advancing this agenda, with its Scientific Director co-authoring the landmark Lancet Haematology Commission on anaemia - “Getting back on track to meet global anaemia reduction targets”, launched at the International Congress of Nutrition (ICN) 2025 in Paris. As part of the Commission group, Sight and Life is helping to shape the global evidence base and policy discourse on anaemia.

By bringing attention to the role of menstrual health in anaemia and generating rigorous evidence to inform solutions, the SPIRIT trial represents a critical step towards more comprehensive, effective, and equitable approaches to improving adolescent health outcomes.

Scaling Sustainable Egg Production for Better Nutrition and Livelihoods

Eggs are one of nature's most nutrient-dense foods, providing complete protein and a rich combination of essential vitamins and minerals that support growth, cognitive development, immune function, and maternal health. Yet for millions of people, particularly women and children in low-income settings, eggs remain out of reach.

This gap is driven by structural constraints within food systems. While global egg consumption averages approximately 160–190 eggs per person per year, in sub-Saharan Africa it remains as low as 40–45 eggs, or fewer than one per week. Eggs can cost up to 9.5 times more than staple cereals, placing them beyond the reach of many households. This presents a missed opportunity to address some of the most pressing forms of malnutrition, including stunting, anaemia, and impaired cognitive development.

Smallholder farmers, who form the backbone of food production in many of these contexts, also bear a disproportionate burden of poverty and nutritional vulnerability. Recognising this dual challenge, Sight and Life's Egg Hub model is designed as a market-based solution that simultaneously improves access to affordable eggs while strengthening farmer livelihoods.

Across Malawi and Ethiopia, the Egg Hub continues to demonstrate the potential of this approach. By working across the value chain, the model supports smallholder farmers, improves productivity, and increases the availability of eggs in local markets. To date,

the initiative has produced over 15 million eggs across Ethiopia and Malawi alone, contributing to improved access to nutrient-rich foods while creating income-generating opportunities for farming communities.

In Malawi, where the initiative operates as the social enterprise Zonse Momo, Sight and Life has continued to provide strategic advisory support to navigate a challenging economic environment and reposition the model for sustainable growth. Drawing on lessons from implementation across multiple countries, this support has focused on strengthening operational resilience and long-term viability.

In Ethiopia, despite operating in a context affected by inflation and broader economic pressures, the Egg Hub has continued to deliver strong outcomes. Farmers have adopted more sustainable production practices, with local recognition of these efforts, while new innovations such as the introduction of solar-powered solutions, are helping to address infrastructure challenges that affect productivity and farmer income.

Building on this momentum, the Egg Hub model continues to expand. Work is now extending into Rwanda and Senegal, with the aim of adapting and scaling the model to new contexts, further improving egg availability and supporting smallholder farmers across the region.



Strengthening Food Security Through Native Species Aquaculture



In many parts of sub-Saharan Africa, access to affordable, high-quality protein remains limited, contributing to persistent gaps in diet quality and food security. In Tanzania's Kigoma region, located along the shores of Lake Tanganyika, this challenge exists despite the area's rich natural resources, highlighting the need for more resilient and locally adapted food system solutions.

In response, Sight and Life is contributing to the Native Species Aquaculture project in partnership with SUSTAIN and other partners, supporting efforts to strengthen the fish value chain through a comprehensive, system-wide approach. The initiative is designed to move beyond production alone, addressing the full ecosystem, from hatchery development and fish farming to cold-chain distribution and demand generation, centred on native fish species suited to local conditions.

In 2025, the project transitioned from design to implementation, laying the foundation for a scalable aquaculture model. Target villages were identified based on their proximity to

production sites, ensuring that interventions are both efficient and locally relevant. A study protocol was developed to assess food insecurity, fish consumption patterns, and purchasing preferences, providing the evidence base needed to guide implementation and measure impact.

To support this, data collection systems were established in collaboration with a local research firm, with tools digitised and translated to ensure accuracy and accessibility. Regulatory approvals were secured, enabling the project to move forward within national frameworks and standards.

A key barrier to fish access in inland communities—spoilage due to lack of cold storage—is also being addressed. The introduction of ice boxes has enabled fish to be preserved for longer periods, expanding distribution beyond lakeside areas and improving access for more remote populations. Complementing this, food safety and sensory trials have been conducted to assess fish quality under different preservation conditions,

ensuring that both safety and consumer acceptance are maintained.

Alongside supply-side improvements, the project is also strengthening market systems. Ongoing assessments of market dynamics, including price fluctuations and demand patterns, are informing strategies to stimulate consumption and ensure that increased production translates into improved diets. A baseline–endline evaluation framework has also been established to rigorously measure the project’s impact on fish consumption, dietary diversity, and overall food security.

By combining scientific research, infrastructure innovation, and market development, Sight and Life is helping to build a more resilient and inclusive aquaculture system that improves access to nutritious foods while creating sustainable livelihood opportunities for communities in Kigoma and beyond.

Scaling Maternal Nutrition Solutions Through Multiple Micronutrient Supplementation

Rwanda

Supporting Rwanda's Transition to Multiple Micronutrient Supplements.

Improving maternal nutrition is central to Rwanda's ambition to reduce stunting to 15% by 2029 under its National Strategy for Transformation (NST2). As the country looks to strengthen antenatal care, the transition from iron and folic acid (IFA) to Multiple Micronutrient Supplementation represents a critical step forward. Unlike IFA, MMS provides 15 essential vitamins and minerals, offering more comprehensive nutritional support during pregnancy.

In 2025, Sight and Life, in partnership with the Rwanda Biomedical Centre (RBC) and UNICEF, supported this transition through the development of a fully costed national roadmap for MMS scale-up. This work was grounded in a rigorous, independent assessment of the UNICEF-led MMS pilot implemented across 10 districts, including 7 MMS districts and 3 IFA districts, providing a strong comparative evidence base to inform national decision-making.

The assessment, approved by Rwanda's national ethical committee, evaluated programme performance across key domains including service delivery, supply chain, and demand generation. Findings from the pilot demonstrated high levels of reach, with MMS distribution extending to close to 90% of pregnant women across all districts, underscoring both feasibility and acceptability at scale.

Building on this evidence, a fully costed five-year financial forecast was developed in collaboration with RBC and UNICEF, outlining the resources required to transition MMS into standard antenatal care nationwide. The resulting roadmap provides a comprehensive framework covering financing, procurement and supply systems, service delivery integration, and community-level demand generation.

To support alignment and next steps, Sight and Life co-convened a two-day national MMS scale-up workshop in Kigali, in collaboration with RBC and the Children's Investment Fund Foundation (CIFF), bringing together stakeholders across policy, financing, supply chain, and implementation. This engagement has helped to build consensus and readiness for national adoption.

This work positions Rwanda at the forefront of countries transitioning to MMS at scale. By combining rigorous evidence, financial planning, and multi-stakeholder coordination, Sight and Life is supporting a shift towards more effective, system-wide approaches to improving maternal and child nutrition outcomes.

Nigeria

Building Momentum for MMS and Calcium Adoption in Nigeria

As one of the largest and most complex health systems globally, Nigeria's health system requires coordinated action across policy, workforce, financing, and local manufacturing to scale maternal nutrition interventions.

In 2025, significant progress was made in building this foundation. A central focus has been strengthening the capacity of frontline health workers to deliver improved antenatal nutrition services. In partnership with the Nigerian Medical Association (NMA), Sight and Life launched a four-year national initiative to train 40,000 healthcare workers on MMS and calcium supplementation. Within 6 months, 5,912 healthcare professionals were trained across 28 states and the Federal Capital Territory, through a combination of 30 in-person and virtual sessions.

This effort has been reinforced through engagement with key professional and regulatory bodies, including the National Primary Health Care Development Agency (NPHCDA), Medical Women's Association of Nigeria (MWAN), Medical and Dental Consultants' Association of Nigeria (MDCAN), West African College of Nursing (WCCN), Association of Community Health Practitioners of Nigeria (ACHPN), National Association of Resident Doctors (NARD), Nursing and Midwifery Council of Nigeria (NMCN), National Association of Nigeria Nurses and Midwives (NANNM). Notably, the Nursing and Midwifery Council of Nigeria has committed to exploring the integration of MMS and calcium into its national curriculum starting in 2026, marking a critical policy milestone to ensure sustained

capacity within the health workforce.

Additionally, the project is addressing one of the most significant barriers to scale: affordability. With health insurance coverage reaching only 7–8% of the population and out-of-pocket spending accounting for approximately 50 - 70% of maternal health costs, access to MMS is heavily constrained by financial barriers. To inform sustainable solutions, Sight and Life has conducted both desk-based and field research on antenatal care financing mechanisms across key states.

Efforts are also underway to expand local supplier base. In 2024, Sight and Life supported registration of UNIMMAP MMS for import from South Africa, a first, marking an important milestone of increasing access. In 2025, we have identified a local manufacturer who will receive both technical and financial support to develop a UNIMMAP-compliant MMS.

Through this integrated approach of combining workforce training, policy engagement, financing research, and local manufacturing, Sight and Life is helping to build the conditions for sustainable MMS and calcium adoption in Nigeria. As momentum continues to grow, these efforts are laying the groundwork for improved maternal nutrition outcomes at national scale. Sight and Life is working alongside partners like UNICEF and under the leadership of the government of Nigeria to help scale MMS – a lifesaving product for pregnant women and their babies.

South Africa

Building Africa's MMS Momentum and Capacity

South Africa plays a strategic role in Sight and Life's MMS portfolio as the location of the first MMS manufacturing hub on the African continent. In 2025, this facility reached a significant milestone, receiving UNICEF Supply Division approval, a globally recognised quality benchmark that enables participation in large-scale international procurement.

Alongside this development, Sight and Life continued to support the enabling environment for MMS adoption through partnerships, research, and advocacy. A collaboration was established with the DG Murray Trust (DGMT) and the Wits Reproductive Health and HIV Institute (Wits RHI) to develop a national MMS roadmap, conduct a cost-effectiveness study, and implement a trial to assess acceptability and implementation feasibility.

As part of this work, ethics submissions were completed during the year, with clinical trial registration planned for January/February 2026. To support the study, an MMS donation was secured from DSM-Firmenich, contributing to the availability of products for research and implementation.

Engagement with national stakeholders has also continued through ongoing advocacy with the health administration, supporting alignment and awareness around MMS. At the provincial level, Sight and Life participated as an exhibitor at a Western Cape Department of Health seminar, engaging with approximately 150 healthcare providers on topics including maternity care, breastfeeding advocacy, and maternal mental health.

Through its combined focus on manufacturing quality, research, and stakeholder engagement, Sight and Life is working alongside DGMT to lay the foundation of stronger maternal nutrition interventions in South Africa and across the region.

Indonesia

Driving MMS and Calcium Adoption at Scale

Indonesia marked a landmark moment in 2025 with the government's official adoption of MMS as a national programme, signalling a major shift in maternal nutrition policy at scale. Sight and Life has been supporting the acceleration of implementation, focusing on healthcare workforce capacity, digital innovation, and evidence generation to ensure effective uptake.



A key pillar of this effort has been large-scale training of healthcare professionals through a strategic partnership with Alomedika, one of Indonesia's leading digital health platforms. Through a combination of live webinars, massive open online courses (MOOCs), and virtual learning sessions, Sight and Life reached over 9,500 healthcare practitioners across 35 provinces in 2025.

This included 8 live webinars, which attracted a total of 8,078 participants, with 64% earning Continuing Medical Education (CME) credits, reinforcing both engagement and professional relevance. In addition, 3 MOOCs were launched, enrolling 1,461 learners, further expanding access to structured training. Government engagement was also well-represented, with the Ministry of Health's Director of Family Health serving as a speaker at one of the

national webinars, reflecting high-level endorsement and alignment.

Alongside workforce training, Sight and Life has advanced innovation in adherence and behaviour change in partnership with the Summit Institute for Development (SID). In 2025, the study progressed through the design and ethical approval stages, with Institutional Review Board (IRB) clearance obtained and Memoranda of Understanding signed with five district governments. Piloting was successfully conducted in two primary health facilities, with support from 21 trained community health workers.

To inform the design of this intervention, formative research was conducted with 1,370 respondents across two districts. Building on this, a suite of digital adherence tools was developed, including WhatsApp-based reminders, chatbots, and AI-enabled pill counting technologies, aimed at improving consistency of supplement use among pregnant women.

In parallel, efforts to strengthen supply and market readiness are underway. Local MMS product registration has been initiated, and the product has already been successfully registered for import into the Philippines, signalling progress towards broader regional availability.

Through this integrated approach of combining national policy alignment, large-scale digital training, behavioural research, and technology-enabled adherence, Sight and Life is supporting Indonesia's transition to MMS at scale. These efforts are strengthening implementation within the country and generating valuable lessons for other settings seeking to expand maternal nutrition interventions.

The Philippines

Accelerating MMS Access through Public and Private Channels



The Philippines emerged as one of the strongest-performing countries in Sight and Life's MMS portfolio in 2025, demonstrating rapid progress in expanding access through both public- and private-sector channels. In partnership with Philippine Nutri-foods Corporation (PNFC), MMS distribution and access have enabled government systems to procure MMS, reaching tens of thousands of pregnant women while advancing national-level policy engagement.

In the first six months of implementation in 2025, over 7 million MMS tablets were purchased by various regional departments of health for distribution to pregnant women. The Philippines is one of the first countries where the government is procuring MMS and undertaking distribution, setting up a sustainable delivery model for MMS scale-up.

A key milestone in improving affordability was achieving a 30% reduction in the cost of MMS tablets by introducing multiple manufacturers into the country's landscape and negotiating more competitive pricing. At the policy level, MMS was included in the Philippine Drug Formulary on an interim basis, representing a significant step towards institutionalisation within the national health system.

Alongside distribution efforts, efforts were made to strengthen the evidence base and support public-sector integration. A baseline study was conducted in pilot municipalities to inform MMS distribution through government channels and to provide data to guide implementation.

Healthcare workforce engagement also played an important role in expanding uptake.

More than 1,000 health professionals were reached through training and conferences during the year. PNFC and Sight and Life participated in three national conferences, contributing to broader awareness and professional engagement on MMS.

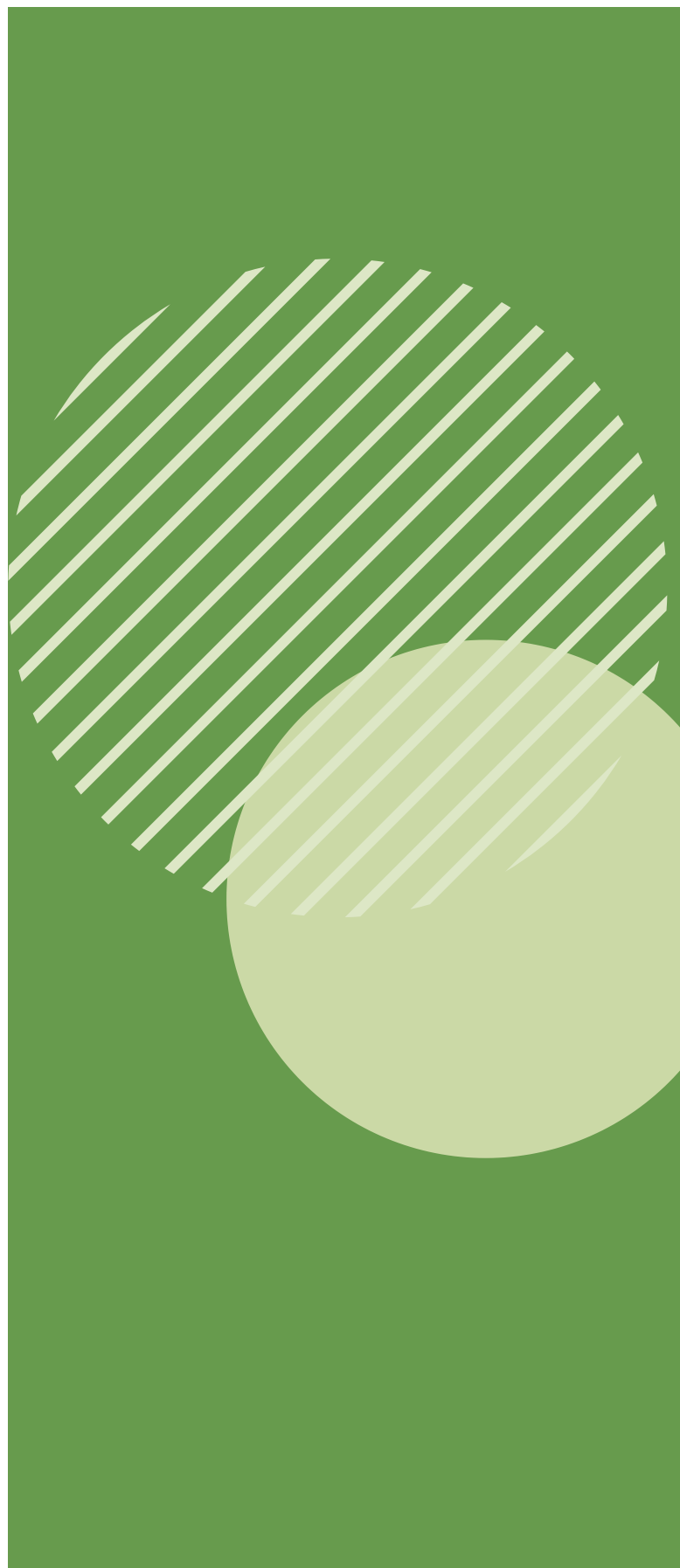
Further institutional alignment was achieved through the Department of Health's establishment of a Technical Advisory Group (TAG) covering all micronutrient supplements. Sight and Life is a member of this group alongside organisations including Helen Keller International, Vitamin Angels, and World Vision.

To support knowledge dissemination, Sight and Life organised a multi-stakeholder MMS Dissemination Forum, in collaboration with the Department of Health, through which more than 80 additional doctors were briefed on MMS. Targeted regional training was also conducted, including a PIMAM training held from July 22–24 in Naga City, where 28 doctors and 5 nutritionist-dietitians from the Bicol region were trained.

Building on this engagement, the Department of Health Bicol formally invited Sight and Life to additional training batches in August and October 2025, reaching a further 60 allied health professionals.

In parallel, PNFC launched the MMS 360 Campaign to support Year 2 (2026) promotion and continued expansion of MMS access across the country.

Through this combination of distribution, policy engagement, training, and market development, the Philippines has demonstrated strong momentum in advancing MMS access at scale.



Bangladesh

A Model for Market-Based MMS Scale-Up



Bangladesh remains one of Sight and Life's most mature and successful MMS programmes, demonstrating how market-based approaches can expand access to maternal nutrition at scale. In 2025, the programme reached a significant milestone, with FullCare MMS, distributed through Social Marketing Company (SMC), surpassing 100 million tablets sales within 4 years of launch.

This milestone reflects the sustained growth of a model designed to deliver MMS through established market channels, ensuring availability and access for pregnant women nationwide. Building on this progress, a four-year project extension has been secured with support from the Children's Investment Fund Foundation, providing continuity and enabling further scale-up of the programme in the coming years.

The Bangladesh model has been recognised globally as an example of market-based MMS adoption in low- and middle-income countries, demonstrating how coordinated efforts across public and private sectors can support sustained access to maternal nutrition interventions.



Expanding access to multiple micronutrient supplementation goes beyond just introducing a new product. It also presents an opportunity to strengthen the health systems along the way. What we are seeing across countries is that the transition to MMS is achievable when the right building blocks are in place - trained health workers, reliable supply, omnichannel distribution, and innovations for improving adherence. Our focus is on bringing these elements together to enable effective and sustainable adoption and scale.”

**Anirudh Poddar Senior Manager –
Nutrition Commodities, Sight and Life**

Strengthening Fortification Monitoring Through Innovation and Global Convening

In 2025, Sight and Life partnered with the Bill & Melinda Gates Foundation to advance the development of a Target Product Profile (TPP) for a field-friendly rapid test kit to screen for folic acid in fortified foods. Designed as a first-line screening tool to complement laboratory confirmation, this initiative aims to strengthen national fortification monitoring systems. By helping define a practical and scientifically grounded product pathway, this work lays the foundation for more responsive monitoring systems and improved oversight of folic acid fortification programs across South Asia and sub-Saharan Africa.

Drawing on its technical expertise and convening power, Sight and Life led a structured Delphi-style process to move this agenda forward. This included conducting expert stakeholder interviews, synthesizing global evidence through a comprehensive landscape assessment, and convening a consensus-building workshop to define critical product requirements. Through this process, Sight and Life engaged 86 stakeholders across sectors and helped align scientific, regulatory, and implementation perspectives to ensure that the proposed tool would be both technically strong and fit for real-world use.





Events & Multimedia

Policy Dialogue on Maternal and Child Nutrition | Kigali, Rwanda



In collaboration with the French Embassy in Rwanda, Sight and Life Rwanda convened a high-level Policy Dialogue on Strengthening Maternal and Child Nutrition, following commitments made at N4G Paris. The dialogue brought together government institutions, development partners, and civil society to examine progress on maternal and child nutrition, review policies and implementation gaps, and strengthen multisectoral coordination around the critical first 1,000 days of life.

Nutrition for Growth (N4G) Summit | Paris, France



N4G 2025 was perhaps the most significant gathering Sight and Life has been part of in recent years – and we made the most of every moment. At the Village of Solutions for Nutrition, our booth drew visitors from across the nutrition world, including the King of Lesotho, Letsie III. On 25 March, we co-organised a high-level side event on adolescent nutrition with GANN, ENN, UNICEF, and Save the Children, making the case for greater investment in the forgotten generation. In her closing statement, Kesso Gabrielle van Zutphen-Küffer, Director of Science, reminded the room that adolescent nutrition received only 6% of commitments at the previous N4G summit in Tokyo – and called on partners to keep adolescents at the centre of their panels, programmes, and policymaking. On the evening of 26 March, we launched our Fermentation Special Report at an exclusive private event, where chef Hugo Chaise created a menu of

fermented global foods and Parisian delicacies, and the SDG2 Advocacy Hub signed the Chefs' Manifesto.

We also participated in a Data and Nutrition Panel alongside GIZ, WHO, and Alive & Thrive, where Dr. Mairo Mandara spoke on the role of data and AI in improving nutrition equity. N4G was also the platform from which we made our commitment to adolescent nutrition loud and clear – a theme that will define our next phase of work.



International Congress of Nutrition (ICN) | Paris, France



Sight and Life played a significant role at the 23rd International Congress of Nutrition, contributing to multiple sessions across the four-day event. Highlights included a session on the addition of phytase to everyday staples, two presentations on MMS scale-up and adherence, and an oral poster presentation on menstruation-associated inflammation and its relationship to iron absorption and hepcidin fluctuations. A significant moment was the launch of the Lancet Haematology commission publication – “Getting back on track to meet global anaemia reduction targets” – at which Sight and Life Director of Science was a member of the Commission Group. The team also co-hosted an EPC session with IUNS, which identified the next line-up of IUNS Task Forces.

National Fortification Alliance (NFA) Meeting | Nigeria



Sight and Life participated in the biannual National Fortification Alliance (NFA) meeting in Nigeria, which convenes key stakeholders across government, private sector, academia, and development partners to address challenges within the national fortification landscape.

Discussions highlighted persistent challenges with fortification compliance, including inadequate analytical testing capacity, inconsistent results, and poor-quality or irregular premix supply. These issues make it difficult to rely on premix addition alone as a strategy for reducing malnutrition prevalence, reinforcing the need for complementary food-system approaches such as phytase to improve nutrient availability and absorption.

Participants included representatives from SON, NAFDAC, FCCPC, private sector actors such as BNSL, academia, and development partners including WFP, GAIN, and Technoserve.

Fermentation Roundtable | Lagos, Nigeria



In partnership with the Aliko Dangote Foundation, Sight and Life co-hosted a high-level roundtable in Lagos to spotlight fermentation as a powerful, local solution for nutrition, food safety, and sustainability. The event brought together policymakers, regulators, academics, and civil society to discuss findings from the Fermentation Special Report and launch the Compendium of Fermented Foods in Nigeria. The roundtable generated significant national media attention and elevated the role of fermented foods in public discourse – demonstrating that ancient solutions, when backed by evidence and championed by the right partners, can find their place in modern nutrition policy.

Africa Food Systems Forum | Dakar, Senegal



Sight and Life participated in the Africa Food Systems Forum in Dakar, engaging with partners on food system transformation across the continent. Key discussions centred on strengthening value chains for nutritious foods, supporting local innovation, and ensuring policies reflect local norms and realities. The forum reinforced the need for integrated, science-backed solutions and intentional nutrition planning to build resilient and inclusive food systems.

NICE Scoping Mission | Senegal



In collaboration with the Swiss Tropical and Public Health Institute, Sight and Life completed a successful scoping mission to Senegal as part of the NICE project, supported by SDC. The mission, led by Elvis Gakuba and Helen Prytherch, explored opportunities to expand the NICE model to West Africa, meeting with the Swiss Embassy, the Senegalese government, project partners, and UN agencies – laying the groundwork for potential future programming.

Session with CINFO | Bern, Switzerland



Sight and Life's Director of Science, Kesso Gabrielle van Zutphen-Küffer, was invited to give a lunch and learn session at Cinfo in Bern on building nutrition resilience in the changing global aid landscape. With a strong focus on youth and locally-led innovation, the session highlighted Sight and Life's approach to embedding behavioural insights, community-driven models, and evidence into scalable nutrition strategies across LMICs.

EU Infopoint Virtual Conference

Sight and Life presented at the EU Infopoint virtual conference on the essential role of animal source foods in promoting optimal nutrition. The session highlighted the Egg Hub model, its impact in Brazil and Malawi, and its potential as a game-changer in markets like India.

Western Cape Department of Health Seminar | South Africa

Sight and Life participated as an exhibitor at a seminar convened by the Western Cape Department of Health, joining 150 healthcare providers for discussions on maternity care, breastfeeding advocacy, and maternal mental health – reinforcing our commitment to holistic maternal wellbeing.



Lecture at University of British Columbia | Canada

Sight and Life was invited to deliver an online lecture at the University of British Columbia on Sight and Life Innovations – sharing our approach to science-led, locally-grounded nutrition solutions with the next generation of nutrition researchers and practitioners.

Medical Women's Association of Nigeria (MWAN) Conference | Kaduna, Nigeria



As part of our growing partnership with the Nigerian Medical Association, Sight and Life participated in the 24th Biennial Conference and Scientific Meeting of the Medical Women's Association of Nigeria in Kaduna, themed 'Transformative Leadership: Ethics and Global Health in a Changing World.' SAL's Zainab Abubakar attended the event, where Dr. Anna, ObGyn, delivered a presentation on MMS and Calcium supplementation during pregnancy on behalf of the NMA. The session reached approximately 578 participants, both in-person and virtual, representing all 36 states and the FCT, including MWAN members, government representatives, and development partners. The session sparked meaningful engagement, with several doctors seeking guidance on how to get their state governments more involved in adopting MMS.

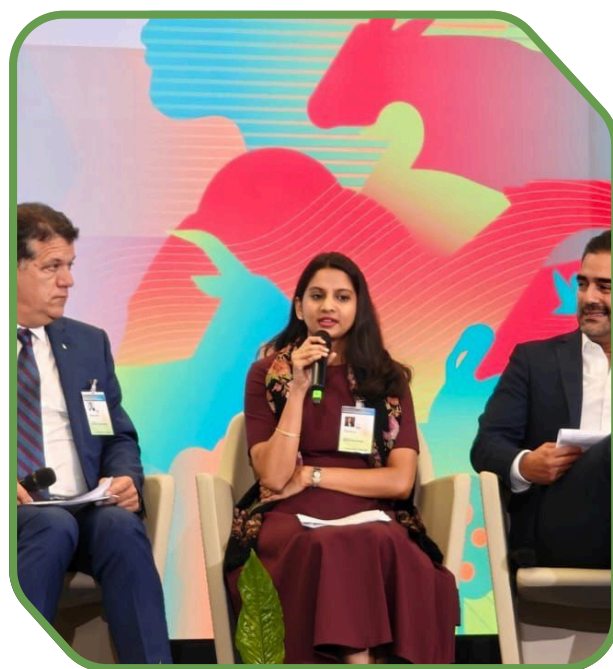
National Micronutrient Conference | Abuja, Nigeria

Sight and Life participated as a panelist at the 2025 National Micronutrient Conference, convened by the Federal Ministry of Health and Social Welfare under the theme “Strengthening Resilient Systems for Addressing Micronutrient Deficiencies in Nigeria.” Represented by Nigeria Country Programme Manager Zainab Abubakar, SAL joined a panel on scaling up MMS alongside Nutrition International, Vitamin Angels, Evidence Action, the World Bank, and UNICEF Nigeria. The conference marked significant milestones for Nigeria’s nutrition agenda – including the inauguration of the Micronutrient Deficiency Advisory Committee and the launch of seven national nutrition policy documents, among them the MMS Composite Country Profile, MMS Landscape Analysis Report, and National Roadmap for MMS in Nigeria. SAL was proud to support this national convening, contributing to a platform that brought together federal and state government officials, development partners, civil society, academia, and the media around a shared commitment to tackling micronutrient deficiencies at scale.



FAO Global Conference on Sustainable Livestock Transformation | Rome

Sight and Life joined a panel at the FAO 2025 Global Conference on Sustainable Livestock Transformation, sharing insights from the Egg Hub model as an example of how market-based, public-private partnerships can simultaneously strengthen nutrition, livelihoods, and climate resilience.



Webinars

Fermented Futures: Exploring the Untapped Potential of Fermented Foods



In December 2025, Sight and Life and CIFF co-hosted a global webinar bringing together researchers, food system experts, and practitioners to advance dialogue on fermentation as a scalable nutrition solution. Over 130 participants from 36 countries joined the 90-minute conversation, which covered scientific innovation, cultural preservation, and policy integration. Experts explored how fermentation can help combat malnutrition, reduce food waste, and build resilient, localised food systems in LMICs.

MMS and Calcium Webinar Series | Indonesia



In partnership with Alomedika, Sight and Life ran an ongoing webinar series throughout 2025 to drive awareness and acceptance of MMS and Calcium among healthcare professionals across Indonesia. By year end, eight live webinars and three Massive Open Online Courses (MOOCs) had been completed, reaching over 8,000 health practitioners across the country. Sessions covered topics including calcium supplementation during pregnancy, the evidence base for MMS over iron and folic acid, maternal nutrition as a determinant of long-term child health, and Indonesia's national MMS policy and implementation progress. Doctors participating in the webinars earn SKP credits accredited by the Ministry of Health and this has been a key driver of strong attendance. With the government of Indonesia having adopted MMS as a national programme and aiming to scale it across all provinces by 2026, this webinar series is playing a central role in equipping the healthcare workforce to champion MMS at scale.

Mainstream Media

Seven Years of Impact: Sight and Life Rwanda in the Spotlight

Last year marked seven years of full operation for Sight and Life Rwanda. Our work was featured in national media, reflecting the sustained recognition of our contributions to maternal and child nutrition, resilient food systems, and strengthened livelihoods across the country. Over seven years, our programming has remained anchored in evidence-based, multi-sector approaches – linking nutrition with agriculture, health, and community-driven solutions. As stunting remains a national priority, this recognition reinforces a simple truth: improving nutrition is not only a health imperative, but a long-term investment in Rwanda's people, economy, and future. [Read here.](#)

SAL on Nigerian Television – TVC

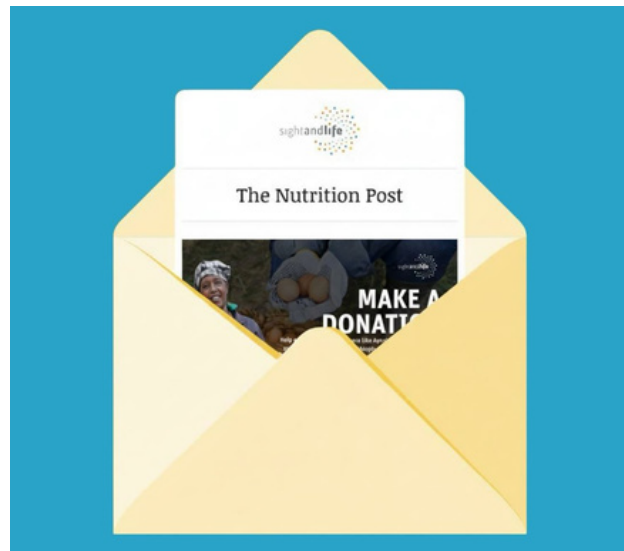
As part of the launch of the Fermentation Special Report, Sight and Life was featured on Nigerian television network TVC, highlighting our approach to scaling what works in communities, for communities – and the role of fermentation in addressing malnutrition across LMICs.

Devex Feature

Sight and Life's Managing Director, Sufia Askari, was featured in a Devex article on advancing large-scale food fortification. She highlighted the importance of coordinated

action across government, industry, and public health stakeholders to strengthen impact and reach populations most affected by micronutrient deficiencies. [Read here](#)

The Nutrition Post



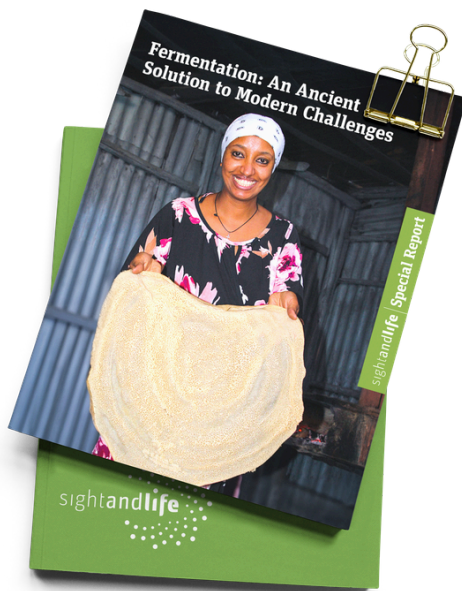
Now in its third year, The Nutrition Post continued to serve as a key channel for keeping donors, partners, and stakeholders informed and engaged. In 2025, the newsletter brought readers closer to our work on the ground – from the launch of NICE Phase 2 and the NEEZA radio campaign in Rwanda, to the scale-up of MMS across Asia and Africa, and the launch of our Fermentation Special Report.

Global Nutrition Advocacy

Sight and Life endorsed the Civil Society Organizations (CSO) Common Declaration – Call to Action, alongside 150+ organisations representing thousands of nutrition advocates, practitioners, and frontline workers, calling for urgent collective action to tackle rising malnutrition, protect nutrition programme funding, and ensure accountability for nutrition commitments. [Read more here.](#)

Research, Publications & Blogs

Special Report: Fermentation: An Ancient Solution to Modern Challenges



In March 2025, Sight and Life launched its Special Report – Fermentation: An Ancient Solution to Modern Challenges – at the Nutrition for Growth Summit in Paris. In an age of AI and sophisticated technology, the report makes a compelling case for an ancient craft as a solution to modern problems. Fermentation enhances the nutritional value of foods, increases mineral bioavailability, improves protein digestibility, reduces antinutrients such as phytates, and holds promise for enriching staple foods with B vitamins through microbial

biofortification – a scalable, low-footprint alternative to conventional fortification. The report also explores fermentation’s role in gut health, disease prevention, and climate resilience, presenting evidence from the field across Africa and Asia through case studies, and outlining a strategic action framework for scaling fermentation in LMICs. Supported by CIFF and The Rockefeller Foundation, the report is available to download [here](#).

Global Conceptual Framework for Adolescent Nutrition

In collaboration with the Global Adolescent Nutrition Network (GANN), led by the Emergency Nutrition Network (ENN), and youth partners, Sight and Life contributed to a new publication identifying the key components needed for a youth-informed conceptual framework to improve adolescent nutrition globally. Through literature review, consensus-building, and youth co-design, the framework reflects the realities and voices of young people, reinforcing Sight and Life’s commitment to placing adolescents at the centre of nutrition research and decision-making. [Read here](#).

Other publications

- Getting Back on Track to Meet Global Anaemia Reduction Targets. [Read here](#)
- Menstrual Blood Loss Reduction to Control Anaemia (and More). [Read here](#)
- Perceptions of In-Home Usage Experience and Price: Results of Consumer Research on Nutritional Innovations for Improving Maternal and Child Nutrition in Ethiopia. [Read here](#)
- Breakfast Habits, Anthropometry, and Nutrition-Related Outcomes in Adolescents from Low- and Middle-Income Countries: A Systematic Review and Meta-Analysis. [Read here](#)
- Rice Fortification: An Untapped Opportunity to Improve Nutrition in West and Central Africa. [Read here](#)
- Should School Meals Go Plant-Based? Balancing Child Nutrition and Planetary Health. [Read here](#)



Partnerships & Donors

Partnerships that drive nutrition impact at scale.

At Sight and Life, our work is made possible through strong, purpose-driven partnerships. These collaborations allow us to strengthen food systems, support policy implementation, and expand access to nutritious diets across LMICs. Together, we are driving impact at scale, reaching millions of people and contributing to healthier, more resilient communities, with a continued focus on women, children, and vulnerable populations.

We are proud to work alongside a diverse network of partners and donors who share our commitment to closing the global nutrition gap, and we are grateful for the funding support that enables us to deliver impact on the ground.

- Africa Improved Foods
- Alomedika
- Brighter Living Foundation
- Children's Investment Fund Foundation
- Cornell University
- CRI Foundation
- Development Research and Project Centre, Nigeria
- DG Murray Trust
- Dioraphte
- Eleanor Crook Foundation
- ETH Zürich
- Gates Foundation
- Global Alliance for Improved Nutrition
- Innocent Foundation
- Johns Hopkins University
- Jumpstart Foundation
- Kirk Humanitarian
- Liechtenstein Development Service
- London School of Hygiene & Tropical Medicine
- Nigeria Medical Association
- Nutrition International
- Philippine Nutri Foods Corporation
- Rwanda Biomedical Centre
- Rwanda Food and Drugs Authority
- Rwanda Inspectorate Competition and Consumer Protection Authority
- SNV
- Social Marketing Company
- Summit Institute for Development
- SUN Business Network
- SUSTAIN
- Swiss Agency for Development and Cooperation
- Swiss Food and Nutrition Valley
- Swiss National Science Foundation
- Swiss Tropical and Public Health Institute
- The Waterloo Foundation
- Training & Research Unit of Excellence
- Wageningen University & Research
- Wits Reproductive Health and HIV Institute
- World Food Programme
- World Vision



Delivering science-based solutions to close the nutrition gap.

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